

North Shore School for Seniors

Spring Classes Starting in March and April 2024

Visit Our Website – Nss4s.org

Term 1 Dates:	Term 2 Dates:
Mondays, Mar 4 – Mar 25	Mondays, Apr 8 – Apr 29
Tuesdays, Mar 5 – Mar 26	Tuesdays, Apr 9 – Apr 30

Creative Arts, Crafts and Skills

Apple iPhone Basics – Beth Eckman

Term 1 on 2 Tuesdays	Mar 12 – Mar 19	11:10 – 12:00	\$20.00
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In this course, you will learn all the things you can do with your iPhone – the utilitarian and the fun! Bring your phones along with 3 things you would like to learn about your phone.

Antler Basket Weaving – Richard Gonzalez

Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	11:30 – 12:45	\$40.00
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Students will design and weave an antler basket. Each student purchases a prepared antler that has been selected for its innate beauty, then cleaned, drilled and spoked to create a framework. Students choose either dyed or natural reeds as the weaving medium, from which the design will emerge. While students work, elements of the Iroquois Constitution, which the U.S. Constitution relied on, will be discussed. Normal finger dexterity is required. *Materials fee of \$100.00 will be collected on the first day of class.*

The Argument Clinic – Kevin Gibson

Term 2 on 2 Tuesdays:	Apr 9 – Apr 16	10:00 – 10:50	\$20.00
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Monty Python’s sketch, “The Argument Clinic,” gives examples of both good and faulty arguments. Marquette philosophy professor, Kevin Gibson, will help us further understand that we are often bewitched by language and find it hard to discern good arguments with valid reasoning from bad ones. He will help us explore how arguments can get derailed (especially by advertisers and politicians), leading us to unjustified conclusions.

Basic Drawing Skills – Barbara Collignon

Term 1 on 4 Mondays:	Mar 4 – Mar 25	12:00 – 1:15	\$40.00
Term 2 on 4 Mondays:	Apr 8 – Apr 29	12:00 – 1:15	\$40.00

This class explores concepts such as composition, perspective, and light and shadow. The objective is to have fun and enjoy your progress. *Please bring 9” by 12” drawing sketchbook, set of drawing pencils, and an eraser. Optional: Eberhart Faber ebony jet-black pencil and crayons, colored pencils or pastel crayons.*
Sign up for Term 1 or Term 2 or both.

Basic Spanish – Mark Caballero

Term 1 on 4 Mondays:	Mar 4 – Mar 25	11:00 – 12:15	\$40.00
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For beginners or those who want to refresh their skills, Mark will introduce the language of Spanish through learning vocabulary and basic sentence structure. The class will also begin to work on listening and speaking.

Basket Weaving with Marsha – Marsha Hurwitz

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	11:00 – 12:15	\$40.00
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Marsha will teach you how to make your own beautiful wire beaded basket. She will urge you to use your imagination and creative energies to make a distinctive art piece. At the first class, Marsha will give you an overview of her creative process and the possible ways each of you could incorporate different choices and techniques to make your own personal, unique basket.

Please bring galvanized steel wire 24 gauge for weaving and 18-gauge wire for the spokes. Purchase at Ace Hardware on Port Washington, Glendale.

Contact Marsha at lovemarsha71@gmail.com

Chessbox Academy: Introduction to Chess – Conaniah Jackson

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	2:30 – 4:00	\$40.00
Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	2:30– 4:00	\$40.00

In this introduction to the game of chess, you will learn the basic fundamentals, rules, principles and strategies to play and compete. We will cover 16 chess skills. *Please bring a pen, pad and folder to keep notes and printouts. Sign up for Term 1 or Term 2 or both.*

Conversational German – Jovanka Ristic

Term 1 on 4 Mondays:	Mar 4 – Mar 25	11:00 – 12:00	\$40.00
Term 2 on 4 Mondays:	Apr 8 – Apr 29	11:00 – 12:00	\$40.00

This class is designed for those who already know some German or have studied it in the past and would like to refresh their skills. We will review some basic vocabulary and grammar, and practice speaking and reading. *Sign up for Term 1 or Term 2 or both.*

Electricity in Your Home: A Practical Guide – Jack Ott

Term 1 on 2 Tuesdays:	Mar 19 – Mar 26	11:00 – 11:50	\$20.00
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If Jack Ott doesn't have an answer to your residential electric question, he will do his homework and have an answer for the second class. No question is too simple or complex for Jack, who has taught budding electricians as well as puzzled seniors during his career.

A Fun Look at the Physics of Bicycles and Tricycles – Andrew Dressel

Term 2 on 1 Tuesday:	April 23	2:30 – 3:20	\$10.00
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How do bicycles and tricycles differ? What makes them the same? The always interesting Andrew Dressel will explain it all to you, and he will talk about his exciting research in the Netherlands.

International Women Writers: The Ties That Bind – Eva Hagenhofer

Term 1 on 3 Tuesdays:	Mar 5 – Mar 19	2:00 – 3:15	\$30.00
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Through their short stories, woman writers from Latin America, Asia, Africa and Europe reveal their public and private worlds and the many ways we're connected to, limited by, and owe allegiance to the places and people we come from.

Introduction to French – Barbara Collignon

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	11:00 – 11:50	\$40.00
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Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	11:00 – 11:50	\$40.00
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For beginners or as a review, this introduction to French conversation and culture will help you learn or review basics like numbers, dates, greetings, questions, how to introduce yourself and talk about family, shopping and food. We'll "visit" Paris and the Loire Valley, learning about French cuisine and holidays. *Sign up for Term 1 or Term 2 or both.*

Introduction to Quilting – Evelyn Burdick

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	9:30 – 10:45	\$40.00
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Learn the basics of quilting by completing a small wall hanging. We will cover fabric choices, block design, cutting fabric, piecing, quilting and binding. No sewing experience needed. **You will need a sewing machine at home to complete the weekly sewing "homework", but don't bring it to class. If you have quilting fabrics already, bring three or four fabrics that coordinate (a pre-cut "fat quarter" of each is plenty). I will bring fabrics for those of you who do not have your own.*

Mahjong for Beginners – Maryanne Niesen

Term 1 on 3 Mondays:	Mar 11 – Mar 25	1:00 – 2:30	\$30.00
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Term 2 on 3 Mondays:	Apr 15 – Apr 29	1:00 – 2:30	\$30.00
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Participants will be introduced to the basics of the game. Time will be spent on identifying the tiles, going over the card with the winning hands, discussing the order of play and the rules. Handouts will be given. *Note: Class will be limited to 8 people. Sign up for Term 1 or Term 2.*

Memoir Writing – Gail Thomas

Term 1 on 4 Mondays:	Mar 4 – Mar 25	12:00 – 1:15	\$40.00
Term 2 on 4 Mondays:	Apr 8 – Apr 29	12:00 – 1:15	\$40.00

Everyone has their own life story. We will read about, discuss, and share yours and others' memories that eventually can be molded into individual memoirs. Emphasis will be on using sensory images to tell your personal story. *Sign up for Term 1 or Term 2 or both.*

Open Painting Studio with Acrylics or Watercolor– Wendy Sostock

Term 1 on 4 Mondays:	Mar 4 – Mar 25	10:00 – 11:50	\$40.00
Term 2 on 4 Mondays:	Apr 8 – Apr 29	10:00 – 11:50	\$40.00

Open studio is for anyone who wants suggestions and encouragement to help start your painting or get it finished! We all bring our own supplies and ideas and work on individual projects in acrylic or watercolor paint in this supportive, relaxing and fun environment. *Please bring* canvas or canvas paper, brushes, paint, newspaper as a table cover, and a cup for water. *Sign up for Term 1 or Term 2 or both.*

Poetry Appreciation – Barbara Collignon

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	12:00 – 12:50	\$40.00
Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	12:00 – 12:50	\$40.00

During our eight sessions, we will explore the poetry of American women poets such as Emily Dickinson, Joyce Kilmer, May Swenson, Mary Oliver and Jane Kenyon. We will discuss various poetry terms. You may even want to try your hand at writing poetry, and we can share your results with each other. *Sign up for Term 1 or Term 2 or both.*

Story Catchers Wanted: How To Interview & Record Loved Ones without Really Trying – Joel Kriofske and Tad Kriofske Mainella

Term 1 on 2 Tuesdays:	Mar 12 – Mar 19	10:00 – 11:00	\$20.00
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Using the format of a "mock radio station," participants will learn how to conduct and record – comfortably – interviews, with relevant questions provided -- subjects being family members, friends and peers who have life and other interesting stories to share and preserve! Come and have fun.

Welcome to the Knitting World – Carrie Kelly and Mary Wood

Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	2:00 – 3:15	\$40.00
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Come join us to learn new knitting skills and explore the craft of fiber work. The class is open to all skill levels of knitters. Bring ideas for new projects or UFO's (Unfinished Objects) if you want help with them. Beginners will learn how to cast on, knit, purl, increase and decrease and cast off. *Please bring light colored worsted weight yarn and size 8 wooden needles if you are a beginner knitter.*

Explore the World

Door County's Many Delights & How to Find Them – Mary + Joel Kriofske

Term 1 on 1 Tuesday:	March 26	2:00 – 3:15	\$10.00
Term 2 on 1 Tuesday:	April 30	2:00 – 3:15	\$10.00

Presenters will share their extensive experience as Door County travelers and vacationers, with photos and descriptions to illustrate the many fabulous places to see and enjoy, including delicious dining establishments, gorgeous vistas, wildlife, history, natural scenic wonders, the waters of Lake Michigan and Green Bay, and so much more! *Sign up for Term 1 or Term 2.*

Discovering Milwaukee: A Premier Tourist Destination – Tony Snell

Term 1 on 1 Tuesday:	March 19	1:00 – 1:50	\$10.00
Term 2 on 1 Tuesday:	April 16	9:30 – 10:20	\$10.00

Milwaukee, Wisconsin, is a thriving tourism destination that offers a rich blend of culture, history, and modern developments. Join us in exploring this dynamic city as we delve into its status as a top-tier tourist spot and the exciting new developments that are shaping its future. We will take a journey through Milwaukee's vibrant neighborhoods, iconic landmarks and diverse cultural offerings. *Sign up for Term 1 or Term 2.*

Experience an African Safari – Pamela Scott

Term 1 on 2 Tuesdays:	Mar 19 – Mar 26	9:30 – 10:20	\$20.00
Term 2 on 2 Tuesdays:	Apr 9 – Apr 16	9:30 – 10:20	\$20.00

Pam will take us on her journey to Uganda, Tanzania and Kenya with stories and pictures. *Sign up for Term 1 or Term 2.*

Travel: Have Fun Doing Small Group Travel or River Cruising – Jeanne Reuter

Term 1 on 2 Tuesdays:	Mar 5 – Mar 12	9:30 – 10:20	\$20.00
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Intimate and small group travel is fun, convenient and can be customized. Join Jeanne Reuter from Legendary World (formally Bayside Travel), as she discusses the advantages of traveling in small groups. And, it's been said, "ocean cruises, take you to the country, river cruises take you through the country." Join Jeanne as she highlights the best of river cruising.

Health, Wellness and Exercise

Release Pain and Stress with Tapping – Mary Liner

Term 1 on 2 Mondays:	Mar 11 – Mar 18	11:00 – 11:50	\$20.00
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This is an intro to an easy process of tapping with your fingers on parts of your body to relieve stress and pain, lower cortisol, improve sleep and more. Classes will include the science behind tapping (EFT), handouts, resources and tapping as a group.

Tai Chi – Janae Kakulis

Term 1 on 4 Mondays:	Mar 4 – Mar 25	11:00 – 11:50	\$40.00
Term 2 on 4 Mondays:	Apr 8 – Apr 29	11:00 – 11:50	\$40.00

Reduce stress and improve your balance and health by learning the ancient art of Tai Chi. We use the traditional Tai Chi forms as well as adaptations like Tai Chi for Health to provide participants with an opportunity to relax, recover and refocus their energy for a better life. *Sign up for Term 1 or Term 2 or both.*

Zumba Gold – Mimi Oxman

Term 1 on 4 Mondays:	Mar 4 – Mar 29	10:00 – 10:50	\$40.00
Term 2 on 4 Mondays:	Apr 8 – Apr 29	10:00 – 10:50	\$40.00

ZUMBA is a “feel-good,” fun and easy way to get some exercise and dance at the same time. The “steps” are simple, and the class is aimed at “older adults.” You can do Zumba sitting or standing. Come and have fun! *Sign up for Term 1 or Term 2 or both.*

History

America’s Hidden Family: Thomas Jefferson and Sally Hemings – Richard S. Kane

Term 2 on 1 Tuesday:	April 23	9:30 – 10:45	\$10.00
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For nearly two centuries, historians refused to believe that Thomas Jefferson and Sally Hemings had a relationship. Recent evidence changed that belief. MSOE historian Richard Kane will discuss the progression of information from how the relationship was exposed and denied to evidence supporting its existence to Jefferson’s justification of slave ownership after writing “all men are created equal.”

The Church Experience and African American Social Life – Roslyn Sampson and Derric Hudson

Term 1 on 2 Tuesdays:	Mar 5 – Mar 12	10:00 – 10:50	\$20.00
Term 2 on 2 Tuesdays:	Apr 9 – Apr 16	10:00 – 10:50	\$20.00

You'll hear about how the church helps African American communities survive by providing a protective atmosphere now and in the past. During slavery, the Jim Crow eras, and now, African Americans find the church environment to be a place where once a week, members can find community, pray, laugh, talk and sing in relative safety. *Sign up for Term 1 or Term 2 or both.*

Fleur-de-lis in the Badger State: The French History of Wisconsin – Patrick Jung

Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	9:30 – 10:45	\$40.00
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Part I will examine the early French period from 1634 to 1701. Part II will examine the Jesuit missions from 1669 to 1728. Part III will examine the fur trade, particularly during the 18th century. Part IV will examine the end of French North America after 1763.

Golda Meir is Not Alone! UWM Women Making Change – Merry Wiesner-Hanks and Gwynne Kennedy

Term 1 on 2 Tuesdays:	Mar 12 – Mar 19	11:00 – 12:15	\$20.00
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The instructors of this class are the authors of a chapter on women for a new and more diverse history of UWM. Their research uncovered amazing women whose names and accomplishments deserve to be better known. This class highlights them and includes photos from pre-UWM days to the present.

The History and Impact of Immigration in Wisconsin – Jerome Grzeca

Term 1 on 1 Tuesday:	March 12	2:00 – 3:15	\$10.00
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We will review the impact of immigration in Wisconsin historically and present day, including its effect on population and industry.

The Hmong in Wisconsin and America – Amoun Sayaovong

Term 1 on Tuesday:	March 5	10:00 – 10:50	\$10.00
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This class will teach students about the history of the Hmong people. Why they are in the United States. Where they came from. How the Hmong have enriched the culture of Wisconsin.

Native Americans in Wisconsin – Richard Gonzalez

Term 1 on 2 Tuesdays:	Mar 5 – Mar 12	11:00 – 12:15	\$20.00
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Who are our Native American neighbors in Wisconsin? Did you know there are eleven federally recognized tribes in our state? What does "federally recognized" means? Learn about locations, language, schooling, spirituality, economic development and government. Become enriched with Native American history!

Ukraine Update – John Katzka

Term 2 on 1 Tuesday:	April 9	2:00 – 3:15	\$10.00
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John E. Katzka is a retired foreign service officer, whose 38 years in foreign service and federal offices involved postings in Thailand, Zambia, Yugoslavia, Romania, Moscow and Washington, DC. After retiring, he was asked to serve as special envoy to Kosovo, Serbia and Macedonia. A frequent speaker on world affairs, the Cedarburg resident encourages questions from his audience.

Wisconsin's Role in WWI – Gary Shellman

Term 1 on 4 Mondays:	Mar 4 – Mar 25	10:00 – 11:15	\$40.00
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This course focuses on Sen. Robert M. LaFollette's opposition to President Woodrow Wilson's declaration of war against Germany; the history of the the 32nd Division of the Wisconsin National Guard, which broke through the Siegfried Line in Germany and participated in the occupation of the Rhineland, and Milwaukee socialist Victor Berger's trial for promoting draft evasion under the Sedition Act that was passed during the war.

Movies, Music, Theater and Stories

Come From Away: A 9/11 Story – Greg Jenks

Term 1 on 2 Mondays:	Mar 4 – Mar 11	12:00 – 1:15	\$20.00
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This two-week class highlights the hit Broadway play that celebrates the people of the Newfoundland town of Gander, who took in approximately 7,000 passengers when 38 planes were ordered to land due to the events on 9/11. We will see clips and go behind the scenes of the Broadway play while also chronicling the challenge that air traffic controllers faced.

The Dave Cubiak Door County Mysteries: Behind the Scenes – Patricia Skalka

Term 1 on 1 Tuesday:	March 26	10:00 – 10:50	\$10.00
Term 2 on 1 Tuesday:	April 30	10:00 – 10:50	\$10.00

Explore the secrets behind writing mystery novels. Where do the ideas originate? How are they developed into full-length manuscripts? What is the relationship between the author and the protagonist? What makes this series different? Award-winning author Pat Skalka reveals all!

Sign up for Term 1 or Term 2.

Entertainers with Wisconsin Ties – Greg Jenks

Term 2 on 2 Mondays:	Apr 22 – Apr 29	12:00 – 1:15	\$20.00
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This two-week class will highlight athletes, actors, musical artists and other miscellaneous entertainers with ties to Wisconsin. Class members will be aware of some of these famous people, but most will surprise!

The Great Age of Vaudeville – Nancy Weiss–McQuide

Term 2 on 1 Tuesday:	April 30	10:00 – 11:15	\$10.00
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Vaudeville, also known as variety theater (1880s through 1930s), was very popular and had a huge influence on American radio, movies, television and theater. Revisit some of its great acts and entertainers – Judy Garland, Fred Astaire, Bob Hope – and learn about their effects on later forms of entertainment. This lively presentation utilizes video clips, photos and live vaudeville in a unique and entertaining program.

Great Jazz Pianists Then and Now – Don Behrens

Term 1 on 2 Tuesdays:	Mar 12 – Mar 19	2:00 – 2:50	\$20.00
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We will listen to some of the jazz pianists that have had an impact on the genre. The class will begin with a survey of some of the pioneers of jazz, move on through jazz pianists of the 20th century, and end by highlighting a few current stars. If you love jazz or are curious to know more, this class is for you.

Werewolves and Us in Movies – Bill Washabaugh

Term 2 on 3 Tuesdays:	Apr 9 – Apr 23	11:00 – 11:50	\$30.00
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We will explore the many ways in which popular movies get us to think—without knowing that we’re thinking—about key cultural issues. We will examine selected scenes from *Dances with Wolves*, *Dorian Gray*, *Heaven Can Wait*, *The Matrix*, *Sullivan’s Travels*, *Wolf*, and many more.

Spotlight on Milwaukee

MAM’s Hidden Gems – Introduced by Suzie Hanks

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	1:00 – 1:50	\$40.00
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Term 2 on 4 Tuesdays:	Apr 9 – Apr 30	1:00 – 1:50	\$40.00
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Get to know the Milwaukee Art Museum better with a series of lectures by eight different docents. Their subjects range from individual artists and galleries to art movements, featuring the collection and mission of MAM.

Term 1: March 5 – Nancy Rubly: *The Twin Sisters, Art and Photography*, March 12 – Peetie Basson: *Wisconsin History and Waterways*; March 19 – Bill Boles: *Artist: Milton Avery*; March 26 – Mary Tollander: *Time Slips, Using Art as a Prompt for Storytelling*

Term 2: April 9 – Steve Horvath: *Artist: Edmund Lewandowski*, April 16 – Ann Brophy: *The Glass Movement in Wisconsin*, April 23 – Peg Humphrey: *Storytelling in the Von Schleinitz Gallery*, April 30 – Ray Kehm: *Impressionism*

The WPA Milwaukee Handicraft Project – Lois Quinn

Term 2 on 1 Tuesday:	April 23	11:00 – 12:00	\$10.00
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Lois will share stories and historic photos from the amazing WPA project which employed nearly 5,000 Milwaukee County women during the Great Depression making toys, quilts, rugs, draperies, and other products for the county orphanage, hospital, WPA nurseries, and schools.

Nature's Wonders: Birds, Bees, Butterflies, Flowers, Gardens

Grow a Butterfly Garden – Meghan Anderson

Term 1 on 1 Tuesday:	March 26	11:00 – 12:15	\$10.00
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Meghan will discuss why it's important to attract butterflies to your garden space, explain the importance of doing this project. We will also cover considerations for the site, plant choices and the benefits of pollinators.

Honeybees and the Fate of Food – Justine Nguyen, Rachael Halby, Casey Lambert

Term 2 on 2 Tuesdays:	Apr 9 – Apr 16	11:00 – 12:15	\$20.00
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Honeybees are important domesticated insects used to pollinate over a third of our agricultural crops. Their colonies consist of thousands of individuals, all working together to make their societies run smoothly. Like human societies. How exactly do they organize themselves? This class will discuss the basics of honeybee biology and their role in our food systems, while giving you an inside look into part of a real honeybee colony!

Invasive Species – Gretchen Meyer

Term 2 on 1 Tuesday:	April 16	1:00 – 1:50	\$10.00
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The flora and fauna of Wisconsin's natural areas include both native species as well as species that have been introduced from elsewhere. Some of these introduced species can become superabundant and threaten native species. Where do these invasive species come from, why do they become so abundant, and what can we do about them? Take this class if you would like to explore these questions.

Find Your Listening Tree and Create Memories – Kathryn Randall

Term 2 on 2 Tuesdays:	Apr 23 – Apr 30	1:00 – 1:50	\$20.00
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Let's Root for Trees: Trees are some of the most fascinating organisms on Earth. This presentation explores the real science behind the Society of Rainwalkers to which the main characters in the book, *The Listening Tree*, belong.

Create Memories Made Green: What are your childhood memories of the outdoors? Our natural world is changing rapidly. Sharing our experiences of nature with our children and grandchildren is important. Join Kathy Randall, author of *The Listening Tree*, to explore intergenerational nature connections.

Lynden Sculpture Garden – Sculpture Garden Staff

Term 1 on 4 Tuesdays:	Mar 5 – Mar 26	12:30 – 1:20	\$40.00
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Lynden Sculpture Garden staff introduce you to four of Lynden’s many facets. March 5 – Its history and world-class sculpture collection; March 12 – The natural world at Lynden, with a focus on edible weeds; March 19 – Lynden’s apiary, an artist-led project that explores the curious and generous patterns of honeybees; March 12 – The HOME refugee program, one of many ways Lynden works with local communities to create and share experiences at the intersection of art, nature and culture.

Native Gardening in the City – Jane Porath

Term 1 on 3 Tuesdays:	Mar 5 – Mar 19	1:30 – 2:20	\$30.00
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This course focuses on the main principles of native gardening. We’ll learn how to germinate seeds and select woodland and prairie plants native to Wisconsin for our gardens that are crucial for certain birds, bees and butterflies.

Winter Critters in Estabrook Park – Andrew Dressel

Term 1 on 1 Tuesday:	March 5	2:30 – 3:20	\$10.00
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Who might you have seen in Estabrook Park over the Wisconsin winter? Come and join the adventure of seeing who showed up!

Wisconsin’s Birds of Spring – Chuck Hagner

Term 1 on 2 Mondays:	Mar 18 – Mar 25	2:00 – 2:50	\$20.00
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A two-part class summarizing bird migration in southeastern Wisconsin and presenting some of the interesting and colorful birds to look for this spring.

Stepping into the Future

Navigating Senior Care Options – Jessica Nye and Katie Deprey

Term 1 on 2 Tuesdays:	Mar 5 + Mar 19	12:00 – 12:50	\$20.00
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Term 2 on 2 Tuesdays:	Apr 16 + Apr 30	12:00 – 12:50	\$20.00
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Please join us for an interactive discussion about all the different levels of Senior Living and Care/Support Options, Independent Living, Assisted Living, Memory Care, Long Term Care, Short Term Rehabilitation and Home Care.

We would like to share our experience working in Senior Living with families and friends and discuss any questions you may have about all the different areas. We know there are lots of questions, so we hope we can help! *Sign up for Term 1 or Term 2.*

Preparing Yourself to Sell Your Home – Mary Liner

Term 2 on 3 Tuesdays:	Apr 9 – Apr 23	11:00 – 11:50	\$30.00
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Learn what you need to do to get your house ready to sell. From what to keep and what needs to be giving away. How to interview a real estate agent so you get the most money for your house. Tips on how to make to move smooth and who/when to contact someone to help get you organized for the move.

What Matters: Write Your Own Obituary – Carolyn Kott Washburne

Term 2 on 1 Tuesday:	April 16	1:00 – 1:50	\$10.00
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When you die, your loved ones might not know what to include in your obituary. In this class, you'll learn how to write your own, both a resume-type obituary and a narrative type, as well as a Legacy Letter.

Instructor Biographies

Meghan Anderson: Meghan lives on the east side of Milwaukee and operates a small landscape design and garden consultation business that specializes in small urban spaces and native plants.

Don Behrens: I am a classically trained, conservatory-educated former musician and music teacher with a life-long interest in jazz.

Evelyn Burdick: I have been quilting for over 40 years. I belong to two quilting groups and am currently president of the Northshore Quilters Guild. I mostly create pieced quilts, especially scrappy quilts, where I use the bits of fabric left over from other projects to create a whole new quilt.

Mark Cabellero: Formerly an educator at Marquette University, I recently transitioned to being a stay-at-home dad. I love learning and the personal satisfaction that comes with a new hobby. I also try to run and bike outside the year round!

Barbara Collignon: Learning French was the best thing I ever did since it led to two careers and many hours of pleasure and friendship. Sharing my love of poetry also gives me great pleasure.

Also, although not a professional artist, Barbara acquired drawing and painting skills by copying illustrations, drawing figures from art books and just experimenting. She

enjoys painting still life and landscapes in watercolor and acrylics, as well as working on pastel portraits.

Katie Deprey is an experienced Registered Nurse with a background in care management, public health, home care, assisted living and acute care settings. Katie has her Certified Case Manager designation which demonstrates the ability to provide case management and care coordination to clients with complex medical needs and situations, while advocating for the client throughout the continuum of care.

Andrew Dressel: Andrew runs the Bicycle and Motorcycle Engineering Research Lab at UWM, has taught engineering mechanics at UWM and MSOE, and started taking pictures of wildlife in Estabrook Park as a sanity project after noticing an unusual-looking duck on the pond soon after UWM closed its campus in March of 2020.

Richard Gonzalez: Richard is a member of the Iroquois Confederation, Oneida Tribe of Wisconsin, and Turtle Clan. He is a seasoned and informed lecturer and consultant on the origin of Iroquoian thought influencing the U.S. Constitution as well as Indian Boarding Schools, as his mother and maternal grandparents were subjected to this travesty. He holds advanced degrees in education and administration.

Jerome G. Grzeca, managing partner of Grzeca Law Group, S.C., has practiced business immigration law for more than 35 years in both Washington, D.C. and Milwaukee. A seasoned speaker on a variety of topics relating to business immigration law, he has served on numerous professional panels, webinars and round-table discussions for businesses needing expertise in immigration matters.

Chuck Hagner: Chuck is the author of the American Birding Association Field Guide to Birds of Wisconsin (Scott & Nix, Nov. 2019) and two other books about birds and bird watching. He is the former editor-in-chief of BirdWatching Magazine and former staff writer and editor at Time-Life Books. Director of Bird City Wisconsin, his freelance clients include the World Bank, Scott & Nix, the Global Environment Facility, Princeton University Press, and others.

Suzie Hanks: After a career in accounting, Suzie became a docent at the Milwaukee Art Museum, and she now organizes our art museum classes.

Kevin Gibson: Due to the lack of a trust fund, Kevin has been an infantry officer, tour guide, bus driver and mediator. Prior to retirement he was a philosophy professor at Marquette for 25 years.

Derric Hudson: Derric studied to be a Baptist Minister at Trinity Christian College in Illinois. He currently serves as an assistant at Old Mt. Zion New Jerusalem Church on the lower eastside. He is a strong and knowledgeable supporter of African American churches in Milwaukee.

Marsha Hurwitz: I come from a family who predominantly celebrated their lives through art and music. Not surprisingly, I was drawn to my creative side and to crafts since I was young.

I am basically self-taught and attended art classes. I have explored many crafts and found that they are calming and therapeutic.

Conaniah Jackson: Conaniah, the founder of ChessBox Corp, is an educator with Milwaukee Public Schools (MPS). He has over 15 years of dedication to the learning, teaching and promotion of chess as an enrichment tool for today's students and instructors. Chess has been persuasively linked with improving concentration, problem solving, critical thinking – and even mathematical abilities as well as an increase in memory storage and how young (and senior/elder) brains manage information.

Greg Jenks: Greg retired from Franklin Public Schools in 2017 after 32 years as a school psychologist and has reinvented himself as a home brewer, amateur actor/singer and presenter on historical topics including those of his greatest passions: music and sports.

Patrick J. Jung: Patrick received his doctoral degree in American history from Marquette University in 1997 and has taught history and cultural anthropology at Milwaukee School of Engineering since 2003. He has written several books and articles on the history of the western Great Lakes.

John E. Katzka: John graduated from the University of Wisconsin–Milwaukee and did graduate work in Sino–Soviet Politics at George Washington and American Universities. He joined the foreign service in 1970, serving in Thailand, Moscow (during the collapse of the Soviet Union), Zambia and Yugoslavia, as well as Washington, D.C., during a 38-year career. A frequent speaker on foreign affairs, John is co-coordinator of the Milwaukee Chapter of the World Future Society.

Janae Kakulis: Janae has been teaching water aerobics for six years and practicing Tai Chi for four years. She was certified in Tai Chi three years ago and enjoys teaching participants how to slow down in their lives.

Richard Kane: I am a retired physician and decided to research Wisconsin Civil War soldiers with Jewish heritage. Having discovered grandsons of Jefferson and Hemings who fought for Wisconsin, I became interested in their relationship and want to share their intriguing story.

Carrie Kelly: Having been fortunate enough to know a lot of knitters, I have learned from them as well as through my own knitting journey.

Gwynne Kennedy: Gwynne is Associate Professor of English and Women's & Gender Studies at UWM, where she served as both director and chair of Women's Studies. Her work focused on early English women writers and on emotions.

Joel Kriofske: Joel is an experienced journalist, free-lance writer and published author.

Mary Kriofske: Mary (and Joel) are not just tourists, but travelers who, over many years of visiting Door County, have collected a great deal of information and memories about this extraordinary Wisconsin destination. Mary is an avid chronicler of all things "Door."

Mary Liner: As a realtor for over 30 years, Mary enjoys helping sellers get the most money for their home and advising them on what will work best for them as they move on to their next living space.

Tad Mainella: Tad has master's degrees in education, is an experienced teacher, free-lance writer and interviewer.

Gretchen Meyer: Gretchen retired recently from the University of Wisconsin–Milwaukee Field Station, where she taught many classes on ecology and field biology. She enjoys teaching about butterflies and other insects.

Justine Nguyen, Rachael Halby, Casey Lambert: All three instructors are PhD graduate students at Marquette University in the Cook Lab, which studies honeybee biology. Justine is a fourth-year PhD candidate, while Rachael and Casey are second-year students. All three students have had extensive experience working with honeybees and conducting research on them.

Maryanne Niesen: Maryanne is a former classroom teacher and an administrator. She has been playing Mahjong for over ten years and has taught it to many friends and friends of friends. She continues to play in person weekly and online often.

Jessica Nye: Jessica brings over 16 years of experience in healthcare as both a direct care provider and in leadership roles in sales and marketing. She has worked in multiple levels of care from community based, inpatient hospital acute care, critical care, and sub-acute rehab. She helps guide older adults navigating the challenges of senior living options. She is an advocate for seniors and their families.

Jack Ott: Jack is an answer man if your question is about residential electricity. He spent 25 years leading Ott Electric, meeting the needs of area residents. He enjoyed sharing his insight with apprentice electricians at Milwaukee Area Technical College and continues in retirement to answer questions to groups like North Shore School for Seniors.

Mimi (Michele) Oxman: She is a former MPS teacher, curriculum supervisor and assistant principal. Since retiring in 2001, Mimi has spent time doing what she loves – needlework and dancing. She started teaching Zumba in 2008, and (before COVID) was teaching three classes a week at Alexian Village, the Shorewood Senior Center and Milwaukee Catholic Home.

Jane Porath: As an amateur native gardener for 35 years on my tiny property in Milwaukee, it has been fun to learn how to accommodate the needs for shade and clay soil to plants that nurture bees and other pollinators.

Lois Quinn: Lois Quinn researched employment and education issues for UWM for 35 years. Lois heard many stories about the WPA Handicraft Project during a 15-year friendship with Mary Rice, the college student who had supervised the project in the 1930s.

Kathryn Randall: Kathy creatively brought science to life for her students as a middle-school teacher. Her debut novel, *The Listening Tree*, was published in 2021. She is currently weaving real science into the magical adventure of the second book in the trilogy. Her website and blog can be found at www.kathrynrandall.com.

Jovanka Ristic: Jovanka is a native Milwaukeean, who grew up speaking German at home (her mother was a German immigrant). She has travelled extensively in Germany and has done some translating from German to English.

Jeanne Reuter: I am both a travel advisor and a seasoned traveler. I help clients embrace a healthy lifestyle while exploring the culture, art and history of the world's most fascinating destinations. Using my targeted energy, empathy and enthusiasm, I help all my clients achieve their goals and have the best experience possible.

Roslyn Sampson: I'm a daughter, sister, aunt, friend, newly retired Milwaukee Public School teacher with a strong belief in God's will and His way. I'm blessed to have both of my parents still alive, living close enough to spend time with them often.

Amoun Sayaovong: A resident of Milwaukee for the past 41 years, Amoun was born in Vientiane, Laos, and came to America as a refugee. He attended Riverside University High School and the University of Wisconsin before graduating from the University of Michigan Law School in 2006. Active in the Hmong American Friendship Association, he is a published author on *The Secret War in Laos* and has spoken about Hmong history to a wide range of audiences.

Pam Scott: I recently travelled to Africa and I took tons of pictures.

Gary Shellman: Gary is past president of the United Nations Association (UNA-USA) of Greater Milwaukee, past commissioner of the Wisconsin Governor's Commission on the United Nations and former deputy director of the Institute of World Affairs at the University of Wisconsin-Milwaukee. His research and teaching focus was on 19th and 20th Century Europe. He earned BA and MA degrees from UW-Madison and received his doctorate from the University of Iowa.

Tony Snell: Tony is director of diversity and destination engagement at VISIT Milwaukee, Tony previously held the position of visitor experience manager for the organization, which markets Greater Milwaukee as a top choice for business, convention and leisure travelers.

Patricia Skalka: Patricia is the award-winning author of the Dave Cubiak Door County Mysteries, a former staff writer for Reader's Digest and a Board Member of the Society of Midland Authors.

Wendy Sostock: Wendy is a leader in painting with watercolor or acrylics. She has been invited to show her work regularly at the Art Bar and Cedarburg art shows. She has an astute eye that makes her an excellent instructor in helping her students to perceive their paintings with a positive, critical eye.

Gail Thomas: Gail has taught writing classes at NSSF for ten years. She also has taught various English, journalism and writing classes at the high school and college levels.

Bill Washabaugh: Bill is a professor of Anthropology, UWM, since 1974 with foci in linguistics of Creole societies and Deaf communities, music and politics in southern Spain and personal identity as represented in movies.

Carolyn Kott Washburne: Carolyn has been a freelance writer and editor for over 40 years and taught writing and editing in the UWM English Department for 33 years. She has written obituaries for family members, friends, paying clients—and herself.

Merry Wiesner-Hanks is Distinguished Professor of History and Women's and Gender Studies Emerita at UWM, where she was twice director of Women's Studies. She has published books that have appeared in ten languages, including a number on women's history.

Nancy Weiss-McQuide: Nancy is a professional actor, choreographer, mime artist, dance teacher, writer, and speaker. She also has been a teaching artist for the Milwaukee Repertory Theater for 14 years, and a dance teacher at UWM for 15 years.

Mary Wood: Mary learned to knit as a teen many years ago and renewed her interest as she neared retirement. She loves the relaxing and meditative aspect of knitting.

Spring 2024 Registration, Procedures, and Office Hours

We welcome all interested seniors to our classes – there is no age limit. We hold our classes on the second floor of the United Methodist Church of Whitefish Bay. Our office is room 210.

You will also find cookies and refreshments in the office so please stop in anytime that we are in session.

Office hours: The North Shore School for Seniors office room 210, is open on Mondays from 10:00 – 3:00 and Tuesdays from 8:30 am to 4:00 pm while school is in session.

Phone contact: You can call and leave a message, and we will make every effort to get back to you within a day or two.

Our phone number is **414-292-0960**.

Register for Classes: Use one of the methods below:

Preferred method: Website: Check out our website www.nss4s.org, to view our Spring classes where you can also register and pay online. ***Use the “Registration” link on the first page of the website.***

***By mail:** Print and mail the website registration form provided on the website www.nss4s.org, Or mail the form in the printed catalog. Be sure to include your check for the classes you wish to attend with your registration form.

***Pick up a registration form or drop it off** with *a check* at the United Methodist Church of Whitefish Bay, 819 E. Silver Spring Drive.

***First day of classes:** If space is available, you may register on the first day of class in the school office, Room 210, on the second floor (where the classes are held). Call ahead to be sure classes are still available: 414-292-0960.

Refunds: No refunds are issued for missed classes. If classes are cancelled because of weather or Instructor’s illness, **you are welcome to sit in on another class**. Refunds are issued if you cancel before classes begin or if the class is cancelled due to low enrollment.

Closures: When the Milwaukee Public Schools cancels classes because of weather conditions, we also close. For MPS closure information, check your local stations.

Security: We are required to have a security system to protect the Nursery School children who share the second floor. When you enter the second floor, if no one is present to open the door, please use the wall phone and call 310. Someone will come and open the door for you.

Catalogs are available in the United Methodist Church of Whitefish Bay office where you also can register. OR request a catalog by calling 414.292.0960 and leaving a message with your mailing address. You also can access the catalog at www.nss4s.org.

Parking: Street parking is available. Please be sure to heed the parking signs. There is additional parking behind Winkie’s.

The mission of North Shore School for Seniors is improving mind and spirit through learning and friendship. The school is an adult outreach program of the United Methodist Church of Whitefish Bay.

Become a volunteer!

Volunteers help us brainstorm new class ideas, greet and guide folks to their classes, and post flyers in local coffee shops, etc.

Become an instructor!

Contact us if you have an idea for a class or if you are thinking of teaching a class. We are always looking for new instructors and class ideas.

Volunteers and instructors can take classes for free.

Please contact us if you are interested in becoming a volunteer or an instructor.

Class Registration Form, Spring Classes 2024

See below to register *online* or use this form to mail your registration or drop it off at the United Methodist Church of Whitefish Bay, 819 E. Silver Spring Drive, Whitefish Bay, WI 53217

Please include your check.

Name:

Address:

City + Zip Code:

Phone + Email:

To use this form, please fill in the total cost of each class, below right.

Class Title/ Cost for one Term	Terms	Term: 1, 2 or Both	Total Cost
Apple iPhone \$20	1		
Antler Basket Weaving \$40	2		
Argument Clinic \$20	2		
Basic Drawing \$40	1 + 2		
Basic Spanish \$40	1		
Basket Weaving with Marsha \$40	1		
Chessbox Academy: Intro. \$40	1 + 2		
Conversational German \$40	1 + 2		
Electricity in Home \$20	1		
Fun Look Bicycles + Tricycles \$10	2		
International Women Writers \$30	1		
Intro to French \$40	1 + 2		
Intro to Quilting \$40	1		
Mahjong for Beginners \$30	1 + 2		
Memoir Writing \$40	1 + 2		
Open Studio Painting \$40	1 + 2		
Poetry Appreciation \$40	1 + 2		
Story Catchers Wanted \$20	1		
Welcome Knitting World \$40	2		
Door County Travel \$10	1 + 2		
Discovering Milwaukee \$10	1 + 2		
Experience African Safari \$20	1 + 2		
Travel Tips \$20	1		
Tapping – Release Pain \$20	1		
Tai Chi \$40	1 + 2		
Zumba Gold \$40	1 + 2		
America's Hidden Family \$10	2		
Af. Amer. Church Experience \$20	1 + 2		

Fleur-de-lis	\$40	2	
Golda Meir	\$20	1	
History Immigration in Wi.	\$10	1	
Hmong in Wi.	\$10	1	
Native Americans Wisconsin	\$20	1	
Ukraine Update	\$10	2	
Wisconsin's Role WWI	\$40	1	
Come From Away - 9/11	\$20	1	
Door County Mysteries	\$10	1+2	
Entertainers Wi	\$20	2	
Vaudeville	\$10	2	
Jazz Pianists	\$20	1	
Werewolves + Us	\$30	2	
Mke Art Museum (MAM)	\$40	1+2	
WPA Mke Handicrafts	\$10	2	
Butterfly Gardens	\$10	1	
Honeybees + Food	\$20	2	
Invasive species	\$10	2	
Listening Tree	\$20	2	
Lynden Sculpture Garden	\$40	1	
Native Gardening	\$30	1	
Winter Critters in Estabrook	\$10	1	
Wi. Birds of Spring	\$20	1	
Senior Care Options	\$20	1 + 2	
Preparing Sell Home	\$30	2	
Write Own Obituary	\$10	2	

Total amount due: \$ _____

***Preferred method: Website:** www.nss4s.org, View our Fall classes, register and pay.

Use the "Registration" link on the first page of the website.

***First day of classes:** If space is available, register on the first day of class in the school office, Room 210. Call ahead to be sure classes are still available: 414-292-0960.